



Supportive Care Assistant (SCA) Student Skills List

The following table includes the skills the SCA student can perform/assist with and the skills they cannot perform.

Skills students can perform/assist with	Skills students cannot perform
Feeding <ul style="list-style-type: none"> • Set up • Hosting in dining room • Encouragement • Supervision and monitoring of intake: food and fluids (i.e. report to staff) 	Feeding <ul style="list-style-type: none"> • Dysphasic or unstable clients • Feeding – spoon to mouth
Grooming <ul style="list-style-type: none"> • Hair • Nails – painting • Assist with shaving (i.e. gather supplies) • Make-up if requested 	Grooming <ul style="list-style-type: none"> • Nail care – trimming, foot care • Shaving with blade
Dressing <ul style="list-style-type: none"> • Encourage, gather clothes, and take care of soiled items • Basic assistance (i.e. tying shoes, buttons) 	
Hygiene <ul style="list-style-type: none"> • AM/PM care assist (i.e. hands) • Encourage bathing/showering, gather supplies • Encourage mouth care 	Hygiene <ul style="list-style-type: none"> • Bed bath, tub, shower • Catheter care • Application of condom catheter
Elimination <ul style="list-style-type: none"> • Report to staff • Encourage toileting • Escort to bathroom • Assist with changing incontinence pads 	Elimination <ul style="list-style-type: none"> • Bowel care (i.e. Suppositories, enema) • Changing incontinence pads
Room environment <ul style="list-style-type: none"> • Unoccupied bed making, assist with occupied • Tidying rooms • Emptying hamper, remove laundry • Basic housekeeping as necessary 	
Mobility <ul style="list-style-type: none"> • Encourage and assist • Set up mobility aids (i.e. cane, walker) • Escort/ walk along side 	Mobility <ul style="list-style-type: none"> • Lifts • One-person transfer • Positioning in bed • Turning
Assist staff – Unit duties <ul style="list-style-type: none"> • Stocking • Porter • COVID screening • General unit tidiness (COVID protocols under Module 5) • Assisting and directing visitors • Assigned clerical tasks • Assist setting up and participating in recreational programs 	Assist staff – Unit duties <ul style="list-style-type: none"> • Documentation - charting